



## Panama Tours

- [Panama Journey](#)

# Panama Journey

**10 nights / 11 days**

## **DAY 1: PANAMA CITY**

Upon arrival a guide will greet you at the airport and transfer you to your hotel in Panama City.

## **DAY 2: PANAMA CITY**

Today you will visit Chagres National Park and an authentic Embera Native Village. Travel by piragua, a typical native canoe, up the Chagres River before arriving at the Embera Village. Spend the day getting to know the Embera tribe, their customs and their history before returning to your hotel.

## **DAY 3: PANAMA - SAN BLAS ISLANDS**

Today you will travel to the San Blas Archipelago, home to the Kuna Indigenous Tribes of Panama, by plane. Accommodation is at a rustic, yet comfortable lodge.

## **DAY 4: SAN BLAS ISLANDS**

Today is at leisure to enjoy the expansive beaches of the islands, to explore the Kuna Village, or try your hand at snorkeling along the beautiful San Blas reefs.

## **DAY 5: SAN BLAS ISLANDS - PANAMA**

Today you will return to Panama City by plane. In the afternoon you will embark on a city tour of Panama City with a visit to the Miraflores Locks and the Panama Canal included.

## **DAY 6: PANAMA CITY - BOQUETE**

This morning you will travel to the town of David in the highland mountain province of Chiriqui. Upon arrival you will transfer to the quaint mountain town of Boquete for accommodation at a local lodge.

The afternoon is at leisure for hiking, horseback riding or other optional tours.

## **DAY 7: BOQUETE**

Today you will visit the Baru Volcano National Park with a naturalist guide. Enjoy this fantastic opportunity to spot a variety of wildlife including the elusive Resplendent Quetzal in its mountain habitat of wild orchids and bromeliads.

## **DAY 8: BOQUETE - BOCAS DEL TORO**

Today you will travel by land to David and onwards to the Bocas Del Toro Archipelago by plane. The afternoon is free to explore Bocas Del Toro, the cultural center of Panama's Afro Panamanian roots.

## **DAY 9: BOCAS DEL TORO**

Today you will embark on a guided tour to Bastimentos Marine National Park. Lunch and a snorkeling adventure are included on today's excursion.

## **DAY 10: BOCAS DEL TORO - PANAMA**

This morning you will return to Panama City by plane. The afternoon is at leisure in Panama City

## **DAY 11: PANAMA CITY**

Your guide will transfer you to the airport in time to catch your outbound flight.

### **INCLUDED:**

- All land transfers

- Three (3) nights in Panama City
- Two (2) nights in the San Blas Archipelago
- Two (2) nights in Boquete
- Two (2) nights in the Boca del Toro Archipelago
- Excursions as described
- Breakfast daily